

SculpSure

Pre and Post Instructions

Before Treatment

- no sun in treatment area at least 1 week prior to treatment
- no antibiotics at least 1 week prior to treatment
- no lotions, creams or deodorants near or on area of treatment
 - hydrate/ drink plenty of water
 - light snack
- black undergarments for photos

After Treatment

- stay hydrated
- massage area 2 minutes, twice daily for at least 3 weeks
 - use tightening creams or lotions
- light exercise and continue exercise after treatment
 - maintain a healthy diet
- follow up photos wear same undergarments

Treatment Boosters

- Calcium pyruvate capsule * natural fat blocker
 - Weekly Lipo B12 Injections
 - Dr. K's Weight Loss Program
 - Add On A Liposonix Upgrade